

# WHAT CAN YOU DO TO STOP THE SPREAD OF THE COVID-19 VIRUS?

**1**

## **STAY HOME IF YOU'RE SICK**

Don't get on this bus or go anywhere if you're sick.  
Please stay home.

**2**

## **AVOID CLOSE CONTACT**

'Social Distancing mean keeping at least SIX FEET from other people. If possible, don't sit next to anyone. Stand behind the yellow line. Keep our drivers healthy!

**3**

## **WASH YOUR HANDS. OFTEN.**

Use soap and water for at least 20 seconds.  
Avoid touching your face -- eyes, nose, and mouth.

**4**

## **COVER YOUR COUGH OR SNEEZE**

Use a tissue then throw it away. No tissue? Cough or sneeze into your upper sleeve, not your hands.

# **DO YOUR RESEARCH, CHECK OUR WEBSITE FOR UPDATES**

**G P M E T R O . O R G**

Let's take care of one another during this crisis.